

BEST FLOURS FOR *healthy* DOG TREATS



FLOUR	GF	GOOD FOR	AVOID IN
GRAIN FREE			
Almond	Y		
Coconut	Y	Treats that require a lot of liquid	Dogs that have IBS
Potato	Y	Treats that need a thickening agent	Overweight dogs
Chia Seed	Y	Treats that require a lot of water	
Tapioca	Y	A filler	
Arrowroot	Y	A thickener	
PULSE			
Chickpea	Y	The non-picky eater	
Lentil	Y	Great for dogs that need to lose weight	
Pea	Y	Green treats	Pea allergies/IBS
PSEUDO			
Amaranth		Dogs with GI issues (constipation/diarrhea)	Diabetes
Millet	Y		
Buckwheat	Y	Diabetic dogs	
Teff	Y	Dogs with sensitive stomachs	Picky eaters
GRAINS			
Brown Rice	Y	Treats that require a flour like consistency	Gluten allergy
Sorghum	N	Blend with other flours	Gluten allergy
Wheat	N		Gluten allergy

GF=GRAIN FREE